

# On the King's paths

## Four exciting days discovering the Alpi Marittime Nature Park

A delightful four day hike in the heart of the Alpi Marittime Nature Park accompanied by an official Park Guide, you will discover the secrets of this wonderful place.

Following an extensive network of mule tracks used by King Victor Emanuel II when out hunting, we will cross extremely varied scenery: glacial lakes, alpine pasture, wild stretches of rocks and scree and relaxing green depressions.

Ibex, chamois, marmots, eagles and occasionally a rare lammergeier will accompany us in this unforgettable adventure.

The overnight stays will be in refuges or comfortable hostels, it is possible to organise luggage transport and lunches in the refuges along the way, which means you can travel with a light day-pack and fully enjoy the beauty of nature.

The paths run at heights between 1300m and 2500m, they are not technically difficult and are suited to all walkers, as long as they are reasonably fit to walk in the mountains.

### Participation costs

**Fixed quota (\*)**: 339,00€ per person, including Park Guide for 4 days, 3 days half-board in refuge or hostel, 3 days packed lunches, shuttle bus from San Giacomo di Entracque and Terme di Valdieri.

**Supplement for baggage transport (\*\*)**: 30,00€ per person, including transport of 1 piece (max 10kg) to the overnight stays.

(\*) *The fixed quota applies to groups from 6 to 12 people.*

(\*\*) *This option is available at an increased rate if less than 6 members of the group request it.*

### Information and Booking

These hikes will be between **15 July and 15 September**  
**subject to booking.**

*For information and booking:*

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Parco naturale  
Alpi Marittime



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E C O L O G I C O

TREKKING

# Programme

## Day I

- Arrive at Terme di Valdieri (1368m) by your own means, meet at 8.30 (you can stay at the GTA overnight hostel at Terme di Valdieri the night before).

- Excursion to Valasco and on along a spectacular circular path touching on the alpine lakes, Portette, Claus, and Valscura. Possibility of lunch at Rifugio Questa (2388m). Return to Valasco plain and overnight at Rifugio Valasco (1764m), historic building that was a royal hunting lodge.

*Climb and fall in height: +1100m / -700m; 6hrs 30mins; 17 km.*

Option: overnight at Rifugio Questa (baggage transport not available)

## Day II

- Over the Valasco pass (2429m) we will climb to the magnificent Fremamorta lakes (2380m), an exceptional panoramic balcony overlooking the Argentera massif, the highest peak in the Maritime Alps. Descent to Terme di Valdieri and overnight at the GTA stopover.

*Climb and fall in height: +670m / -1300m; 5hrs 45mins; 14 km.*

## Day III

- Walk up Lourousa valley, where we can admire Gelas di Lourousa a perennial glacier; a steep 900m slope of snow and ice. Possibility of lunch at Morelli-Buzzi refuge (2351m). Descent into the Rovina valley over the Colle del Chiapous pass (2533m), overlooking the Chiotas basin, an artificial reservoir at 2000m. Overnight stay at the Genova-Figari refuge (2010m).

*Climb and fall in height: +1200m / -600m; 6hrs 30mins; 17 km.*

## Day IV

- The mountain pass, Colle di Fenestrelle (2463m), will lead us into the Barra valley. With a little luck we will get close up views of ibex and chamois. Possibility of lunch at Soria-Ellena refuge (1830m). Descent to San Giacomo di Entracque (1213m).

*Climb and fall in height: +500m/-1300m; 5hrs 30mins; 14 km.*

- Transfer by shuttle bus to Terme di Valdieri (possibility of a further overnight stay at the GTA stopover at Terme di Valdieri).

*Note: The route can be varied according to weather and path conditions. The guide's decision is final. You must have hiking boots and suitable clothing for mountain walking. Sleeping bag or sheet sleeping bag obligatory night-time equipment.*

